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Adult Patient Health History

Patient Name: _____ DOB: _____

Allergies: _____

Medical History

Current Medications (include over the counter medications): _____

Past Surgeries: _____

Hospitalizations: _____

Height: ___ft. ___in. Weight: _____lbs. Recent weight gain/loss ___yes ___no _____amount?

Social History

Do you drink alcohol? ___Never ___Rarely ___Socially ___Moderate ___Heavy ___Recovering Alcoholic

Do you smoke? ___Never ___Current if yes, amount: _____ If a former smoker, quit when? _____

Do you have an exercise program? ___yes ___no If yes, how frequently do you exercise?: _____

Preventative Health

When was your last cholesterol screening? _____ Your last diabetes screening? _____

Date of your last Tetanus immunization? _____ Date of your last TB screening? _____

Do you have an advance directive/living will? _____

OB/GYN History

Are you pregnant now? ___yes ___no Have you ever been pregnant? ___yes ___no

of pregnancies: _____ # of abortions: _____ # of miscarriages: _____ Are you using birth control? ___yes ___no

Date of most recent pap smear? _____ Date of most recent mammogram? _____

Please check all that apply for yourself **(Y)** and for family members **(F)**

Family History

Y/F

- Chest pain
 Heart murmur
 Heart attack
 Heart disease
 Pacemaker
 High blood pressure
 Diabetes
 Asthma
 Chronic bronchitis
 COPD

Y/F

- Emphysema
 Kidney disease
 Kidney stones
 Incontinence
 Prostate disease
 Stroke
 TIA
 Seizure
 Multiple sclerosis
 Parkinson's disease

Y/F

- Psoriasis
 Hearing loss
 Cataracts
 Depression
 Bipolar disorder
 Arthritis
 Thyroid disease
 Cancer
 Sickle cell disease
 Anemia

Y/F

- Chicken pox
 Measles
 Mumps
 Rubella (German measles)
 Stomach ulcer
 Ulcerative colitis
 Crohn's disease
 Reflux
 Hepatitis
 Hemophilia
 Other _____

Patient signature: _____ Date: _____